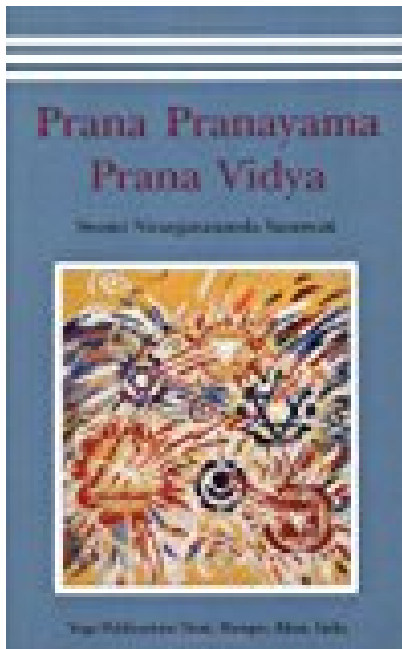


Prana Pranayama Prana Vidya



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Chiefly on Prāṇayāma Yoga, the art of breath control.

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