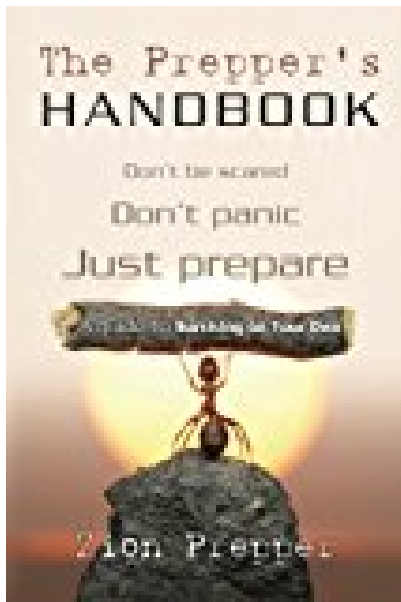


# The Preppers Handbook A Guide to Surviving on Your Own

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## BOOK DETAILS

- Author : Zion Prepper
- Pages : 88 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1466447818

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## **BOOK SYNOPSIS**

This edition of The Preppers Handbook contains a new cover design and over 100 pages of new and updated information. See my other books which include The Ebola Survival Guide, Sheltering-In-Place, The Christian Preppers Handbook - Second Edition, The Survival Triangle: Fire, and The Preppers Survival Guide - An Introduction to Prepping and a Guide to Fire. Shit Hits The Fan (SHTF). The End Of The World As We Know It (TEOTWAWKI). Without Rule Of Law (WROL). This is what Preppers prepare for. Bug-out Vehicle (BOV), Bug-out Bag (BOB), and Bug-out Location (BOL). This is the language of the Prepper. Preppers find peace of mind knowing that they have food, water, rifles, pistols, ammunition, shelter, heat, energy, and the experience to survive. They have knowledge and relationships that provide skills to construct, engineer, grow, preserve, forage, hunt, provide electricity, teach, and balance the requirements of The Survival Triangle©. In this edition of The Preppers Handbook I expand upon my original writings by providing significantly more detail and understanding of the prepper lifestyle. I describe and explore The Survival Triangle© including the Ten Commandments and Five Tenets of Prepping. If you have not read my books before you will find that I believe that the foundation of prepping is The Survival Triangle©. The Survival Triangle© is a model outlining the requirements for a balanced approach to prepping while the Ten Commandments of Prepping provides a guiding belief of the prepper lifestyle. The Five Tenets of Prepping provides the framework, understanding, and importance of traditional and nontraditional prepper techniques and recommendations. From the beginner to the expert prepper, this handbook will provide insight and understanding of how to insure the safety of your family, group, or organization in a manmade or natural disaster. NOW is the time to begin the prepper lifestyle.

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